

# Dreamland Villa Retirement Community

# CITIZEN

www.dreamlandvilla.org

Vol. 20 No. 8

August 2025

12 Pages

For Community News and Updates Visit Our Website: [www.dreamlandvilla.org](http://www.dreamlandvilla.org)

## IN BRIEFS

**Reminder-No Singles Club meetings or Potluck this month**

**Music Bingo**  
Wednesday, August 13th  
6:00 pm  
Read Hall

**Read Hall Pool Maintenance**  
Wednesday, August 13th  
All Day

**Farnsworth Hall Pool Maintenance**  
Wednesday, August 20th  
All Day

## Brats n Beans

By John Pawloski

A word of thanks to all who supported the Brats N Beans event, which was held on July 6th. We sold 84 tickets! The food was delicious and plentiful.

There were several door prizes given away. Thanks so much to everyone who donated them; the winners were happy with their prizes.

We were pleased to have two raffle prizes. A "glass boot" was donated by Fused Glass, and a \$100 gift card from Basha's Market. We made \$355 from the raffles. Thank you!

Our expenses were limited due to so many donations: brats, beans, salads, rolls, desserts, and yes, watermelon.

Marge and I would like to personally thank everyone who helped make this event a success; the co-chairs, cooks, servers, set-up people, cleanup workers, ticket sellers, and everyone else I failed to mention.

Thank you, thank you, thank you.

This event raised \$1383 for Dreamland Villa.



## President's Message

By Heather Canterbury

Depression in seniors is a profoundly important issue that frequently goes unnoticed, yet it can lead to significant consequences if left unaddressed. As individuals age, they often face considerable life changes such as retirement, the loss of loved ones, various physical health challenges, and, at times, isolation from their communities. These experiences can understandably foster feelings of sadness and loneliness. However, when such emotions persist and start to interfere with daily functioning, they may indicate clinical depression rather than being a mere byproduct of aging.

Sadly, depression among older adults is often underdiagnosed. Many seniors may hesitate to share their feelings, believing they should simply "tough it out" or that their emotional struggles are an unavoidable part of getting older. Symptoms of depression can also sometimes be mistaken for other health concerns, such as memory loss or fatigue, delaying the essential help they may need.

The repercussions of untreated depression can be profound. It can exacerbate existing health conditions, impede recovery from illness or surgery, and significantly diminish quality of life. Additionally, depression can lead to poor nutrition, substance abuse, and neglect of personal hygiene, which further jeopardize physical health. Most alarmingly, older adults exhibit the highest rates of suicide compared to other age groups, emphasizing the urgent need for increased focus on mental health within this demographic.

Recognizing early signs of depression is crucial. Families, caregivers, and healthcare professionals should remain attentive to changes in mood, appetite, sleep patterns, and social interactions. By fostering open conversations about mental health, encouraging social engagement, and seeking professional support when needed, we can profoundly impact the lives of our senior loved ones.

There are various resources available for those seeking help, including the National Suicide Prevention Lifeline at 988 and the National Alliance on Mental Illness (NAMI) at 1-800-950-NAMI. By addressing depression with compassion and promptness, we can help older adults lead healthier, more fulfilling lives.

## Ticket and Merchandise Sales Committee

By Kathie Chismar

This new committee has been busy supporting Dreamland, selling tickets to Brats N Beans, selling t-shirts, and sponsoring bus trips to casinos.

Anita Brown sold the most tickets to Brats N Beans and also managed the raffle ticket sales for the boot donated by Fused Glass and a \$100 gift card to Basha's.

The residents of Dreamland Villa are pleased that you have selected our community for your new home.

To help you become acquainted and participate in our community activities and amenities, we would like to provide you with Kee Card(s) to access our facilities and activities for the current year.

Within the first several months of your residency in Dreamland, you will be contacted by a Dreamland team member from our welcoming volunteers to present you with your Kee Card(s) and show our appreciation for becoming a resident in the

**DREAMLAND VILLA DAY**

JOIN US AT

*Vito's*  
Pizza & Italian Ristorante  
1947 N. LINDSAY RD. MESA  
S.E. CORNER OF LINDSAY & MCKELLIPS  
(480)832-3311

**MONDAY, AUGUST 4TH, 2025**  
**11:00AM- 9:00PM**

DINE IN, PICK UP OR DELIVERY ON AUGUST 4TH AND VITO'S WILL DONATE 20% OF SALES TO DREAMLAND VILLA DONATION EXCLUDES LIQUOR, TAX AND GRATUITY. (DELIVERY IS AVAILABLE AFTER 4PM) ONE CHECK PER TABLE.

Valid For  
\$12.99 and up- Lunch Menu Item (11 am till 4 pm)  
\$15 and up- Full Dining Menu (4pm till 9pm)

Gluten Free Menu Upon Request  
**MUST PRESENT THIS FLYER TO YOUR SERVER FOR DINE IN, THE CASHIER FOR PICK UP, OR THE DELIVERY DRIVER FOR DELIVERY**

Additional Parking at State Farm after 5:00pm

## Welcome New Residents

Are you new to Dreamland Villa as a homeowner or renter? We would like to help you become acquainted with your community. More than likely, you chose Dreamland Villa for its 55-plus Community that is safe, quiet, and the homes are well maintained.

The T-shirt group was at Brats N Beans selling Dreamland T-shirts. The shirts are \$20 each or two for \$35. The first order of 100 shirts is going fast. We will be at all Dreamland events, or you can call us at 480-830-6641 if you want us to put one aside for you. If we do not have the size or color that you are looking for, we can order it in our next order.

We also sponsored the bus trip to Ak Chin Casino and Mazatzal Casino. Upcoming events include Dreamland night at Barleens Christmas show and an evening with the Duttons.

Dreamland Villa community. This Dreamland team member will be able to answer your questions, provide you with a tour of our facilities, and encourage you to participate in our many social activities.

We know that many of our new residents are still working, so we are trying to have events and activities that take place during the evening hours or weekends. We are looking forward to helping you become an active member of the Dreamland Villa community.

We have several ways of communicating with our residents. We

have a newspaper called the "Citizen," which is delivered to your door, a weekly email blast providing you with all the activities taking place in the upcoming weeks, a website (<https://www.dreamlandvilla.org>), and two Facebook pages dedicated to Dreamland Villa residents. All events and activities are posted on our bulletin board at our office at 320 North 55th Place.

A great way to get acquainted is to come to the coffee socials on the second and fourth Saturdays of each month, beginning at 7:30 am, in Read Hall. Hope to see you soon!

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[www.DreamlandVilla.org](http://www.DreamlandVilla.org)

# BREAKTHROUGH NEUROPATHY TREATMENT

HOW TO GET LASTING RELIEF FROM:

## PERIPHERAL NEUROPATHY



- Pins and Needles
- Numbness/Tingling
- Loss of Balance
- Pain Feet/Hands
- Burning Sensation
- Can't Feel The Ground

**WITHOUT THE USE OF DRUGS OR SURGERY!**

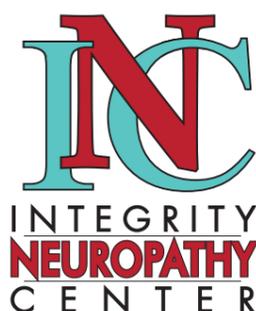
If you're experiencing **pain, burning, numbness, tingling or pins & needles** in your hands or feet — — —  
**Don't miss this FREE Seminar on Peripheral Neuropathy!**

### CLINICAL STUDIES REVEAL:

The debilitating pain, numbness and tingling experienced by patients suffering from Peripheral Neuropathy can be successfully treated **WITHOUT THE USE OF DRUGS AND SURGERY**



PRESENTED BY  
**DR. AARON T SHAPIRO, DC, BCN**



### IN THIS CUTTING-EDGE

### FREE SEMINAR YOU'LL LEARN:

- Why many current treatments for neuropathy don't work.
- The underlying causes of peripheral neuropathy, and the key to prevention!
- The Nobel prize winning discovery that every neuropathy patient MUST know.
- How peripheral neuropathy is diagnosed, and when it can be successfully treated.
- A technology originally developed by NASA that decreases neuropathy symptoms.
- Advanced diagnostic testing to help determine if your condition can be treated.
- A simple home therapy that is used by some of the largest specialty hospitals in the country to treat certain types of neuropathy.

**TUESDAY August 12th @11:30am**

INTEGRITY NEUROPATHY CENTER  
 1122 S GREENFIELD RD, #102, MESA

**LUNCH WILL BE SERVED. SPACE IS LIMITED TO 15!**

RSVP By August 8th: (480) 820-9147

[incarizona.com](http://incarizona.com)

Dreamland Villa Retirement Community  
**CITIZEN**  
www.dreamlandvilla.org

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DREAMLAND VILLA CITIZEN**

The Dreamland Villa Citizen is a monthly newspaper produced for the Dreamland Villa Retirement Community by Miller Media Services.

**DREAMLAND VILLA RETIREMENT COMMUNITY**  
320 N. 55<sup>th</sup> Place, Mesa, AZ 85205 • Tel: 480-832-3461  
Fax: 480-832-7585 • Website: [www.dreamlandvilla.org](http://www.dreamlandvilla.org)

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# AROUND THE VILLA

## Year-Round Worker's Corner

By Megan Tackett

**Balancing Work and Life: A Guide to Staying Grounded**  
In a world that never stops buzzing, the line between “working” and “living” can blur fast. Whether you’re grinding through meetings, troubleshooting tech (like a pro), or simply trying to find a moment to breathe, managing work-life balance isn’t just a goal—it’s a necessity.

- 1. Set Boundaries Like a Boss**  
Define your work hours and stick to them. Don’t feel guilty for turning off notifications after hours. Protect weekends or evenings for rest, hobbies, or time with loved ones.
- 2. Prioritize Tasks with Purpose**  
Use tools like digital planners or task managers. Tackle high-priority items first to avoid stress piling up. Leave room for flexibility—rigid plans often break.
- 3. Unplug with Intention**  
Step away from screens when the day is done. Try a walk, some music, or anything that resets your mental focus. Don’t underestimate the power of doing nothing occasionally.
- 4. Communicate Needs Clearly**  
Advocate for your bandwidth—don’t overcommit. Let your team know when you’re overwhelmed or need a breather. Open dialogue builds trust and a healthier workflow.
- 5. Nourish Yourself Regularly**  
Fuel your body with nutritious meals. Hydrate and take breaks often—even five minutes makes a difference. Your mental stamina is directly linked to how well you care for yourself physically. Finding harmony between productivity and personal peace is a constant dance—but with small, mindful moves, it becomes much more graceful.

**Easy**

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		7	2	5	4	6	

Answers on page 4

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# AROUND THE VILLA



## Posse Corner

By Joseph Favazzo

Safety Tips for Retired Women  
Retirement in Arizona offers beautiful weather, scenic landscapes, and a vibrant community of fellow retirees.

However, staying safe—whether at home, online, or out in public—is key to maintaining peace of mind and independence. Here are practical safety tips for retired women living in Arizona:

### Stay Cool and Hydrated

Arizona's dry, hot climate can be dangerous, especially in the summer. Stay indoors during peak heat hours (10 am to 4 pm), wear light clothing, and drink plenty of water—even if you don't feel thirsty. Keep a water bottle with you when running errands or walking outdoors.

### Secure Your Home

Install good lighting around entrances, lock all doors and windows, and consider a security system or video doorbell. Get to know your neighbors and join a neighborhood watch program if available. If you're away for extended periods, ask a trusted friend or neighbor to check on your home and put in a vacation check with the Dreamland Villa Posse.

### Be Alert When Out and About

Avoid walking alone at night, and stick to well-lit areas. Carry a fully charged cell phone and let someone know where you're going. If using public transportation, stay alert and sit near the driver or other passengers. Be aware, don't look down at your phone, look around, and know your surroundings.

### Protect Your Finances

Scams targeting seniors are common, especially through phone calls, emails, and social media. Never give out personal information or send money to unfamiliar people. Hang up on suspicious callers, and check with a family member or trusted friend before acting on financial requests.

### Take Care Online

Use strong, unique passwords and enable two-factor authentication for important accounts. Avoid clicking on links in unsolicited messages, and update your software regularly to protect against viruses and malware.

### Maintain Your Health

Keep up with regular doctor visits and stay active to reduce the risk of falls and health complications. If you live alone, consider a medical alert system in case of emergencies.

Staying safe in Arizona is all about staying prepared, staying aware, and staying connected. By taking a few simple precautions, retired women can enjoy all the freedom and beauty the Grand Canyon State has to offer.



By Lewis (Lew) Hooser

Well, here we are again, August 2025! I was thinking how many of us older folks brought in relatives and close friends to help them get the medical apparatus that they needed. I then thought, you know, at some point these younger folks will be doing our job. I find it very interesting talking to folks who help others; it's clear how important Help Services are to our two communities. It's a real commitment to just helping others.

We are still looking for adult incontinence supplies, so if you have some and would like to share them with others in need, please drop them off at our office.

In stock right now: rollaway beds, folding chairs and tables, baby beds, highchairs, booster seats, playpens, commodes, toilet risers (with and without hand rails), knee-walkers, canes of all different kinds, (some quads, some folding) crutches, C- walkers, shower chairs, wheelchairs in various sizes, and exercise bikes.

And, as always, we are financed solely by your donations, plus it's a tax deduction for you as well. We also work with folks on bequests for people who have no beneficiaries. For more information about this, or if you have any other questions, please stop in at the Help Services office. Please make a note, we have temporarily closed our office on Saturdays, our summer hours are now in effect, Monday, Wednesday, and Friday from 9:00 am - noon. I will keep you informed should there be any changes to these hours. Check us out at our website [www.HelpServicesInc.org](http://www.HelpServicesInc.org). Our phone number, 480-985-6021, is only answered during normal business hours on the days we are open. Now, from the board of directors and our president, Patty Thorpe, and this newsboy, stay cool.

## BOOK REVIEW

By Anita Thompson

### HORSE BY GERALDINE BROOKS

I have always liked horses, so when a friend recommended this book, I was very interested in reading it. I'm sure glad I did, it's excellent. This author always does a lot of research, and besides being entertained, I always learn a lot from her books. This is historical fiction. The information about Lexington, the famous race horse in the 1800s, is true, and a lot of the characters in the book are real. It's a story of the true devotion of a young black male who was present when Lexington was born and was with him until his death many years later. The boy, Jarret, was a slave who was very good with horses. If there were a horse whisperer, he could have been that person. The story

takes place in several states as they move around the racing world. There is also a painter who paints horses who is in the story.

There is another story set in 2019. Theo is a black art historian, and Jess, a Smithsonian scientist; they find themselves unexpectedly connected through their shared interest in the horse. One is studying the stallions' bones for the clue to their speed and endurance, the other is uncovering the lost history of the artist who painted pictures of them, and the black horsemen who were critical to these horses' racing success. Racism rears its ugly head at the end of this book. It's a novel of art and science, love and obsession.

## BUNCO

Heads up! We're stopping Bunco until fall, when it's cooler. Attendance has been low because of heat, injuries, and vacations. Thank you for your participation. We look forward to seeing you all in the fall.



### Easy

2	9	6	3	4	5	8	7	1
5	8	1	7	2	6	3	4	9
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6	5	8	9	1	3	4	2	7
4	3	2	6	8	7	9	1	5
9	1	7	2	5	4	6	8	3



### FREE ESTIMATES

- Free storm damage inspections
- Insurance claims specialists
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ROC# 333986

**Acts of Kindness Card Program**

DVRC Social Committee would like your help in reaching out to those who have suffered a loss, are dealing with an illness, or recovering from a surgery.

There is a fill-out slip in the office where you can add a name and address of someone to whom we can send a card. Then place the slip of paper in the Acts of Kindness box. We promise to send a card if you let us know the need! Lastly, if you have any of the *Get Well* and *Sympathy* greeting cards that you're not using, we would gladly take them off your hands and put them to good use.

*Thank you for your support.*

320 N. 55th Place, Mesa, AZ 85205  
(480) 832-3461

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# FROM THE BOARD / EVENTS

## August Weekly Activities

DAILY EVENTS	MONDAY AM	TUESDAY AM	WEDNESDAY AM	THURSDAY AM	FRIDAY AM	SATURDAY AM
	<b>Pickleball</b> 7:30 R-O <b>Aquacise Class</b> 8:45 R-O <b>Help Services</b> 9:00 - Noon HS <b>Wood Shop</b> 9:00 - Noon R-10 <b>Fused Glass</b> 9:30 - Noon R-7	<b>Aquacise</b> 8:00 - 8:45 R-O <b>Lapidary - CLOSED</b> 8:00 - 11:30 R-6 <b>Ceramics</b> 9:00 - 1:00 R-7 <b>Wood Shop</b> 9:00 - 11:30 R-10	<b>Pickleball</b> 8:00 R-O <b>Lapidary - CLOSED</b> 8:00 - 11:30 R-6 <b>Help Services</b> 9:00 - Noon HS <b>Wood Shop</b> 9:00 - Noon R-10 <b>Fused Glass</b> 9:30 - Noon R-7	<b>Aquacise</b> 8:00 - 8:45 R-O <b>Lapidary - CLOSED</b> 8:00 - 11:30 R-6 <b>Wood Shop</b> 9:00 - Noon R-10 <b>Quilting</b> 10:30 - Noon R-O Call 480-203-7003	<b>Pickleball</b> 8:00 R-O <b>Aquacise Class</b> 8:00 - 8:45 R-O <b>Help Services</b> 9:00 - Noon HS	
	MONDAY PM	TUESDAY PM	WEDNESDAY PM	THURSDAY PM	FRIDAY PM	SATURDAY PM
	<b>Fused Glass</b> 1:00 - 3:00 R-7 <b>Fused Glass</b> 5:00 - 8:00 R-7	<b>Cards - Bridge</b> 12:30 R-B <b>Bowling</b> 1:00 A&B <b>Bowling</b> 1:00 O	<b>Fused Glass</b> 1:00 - 3:00 R-7	<b>Quilting Club</b> 1:00 - 3:00 R-A		

Stay Up to Date with the Latest News!  
[www.dreamlandvilla.org](http://www.dreamlandvilla.org)

Catch up on Board News!

Dreamland Villa Retirement Community  
 Profit and Loss  
 June 2025

	TOTAL	
	JUN 2025	JAN - JUN, 2025 (YTD)
<b>Revenue</b>		
4000 Annual Fee Revenue	6,517.51	306,642.30
4001 55+ Donation Income	30.00	1,848.54
4003 Donations - Unrestricted		10.62
4101 Read Hall Event/Kitchen Income	28.00	636.20
4200 Farnsworth Hall Income	28.80	628.80
4210 Gracepoint Global Methodist Church	3,200.00	3,200.00
4300 Administrative Related Income	8,228.00	37,779.18
4400 Restricted Accounts Income	116.00	3,670.00
4500 Misc. Income		22.00
4502 Interest Earned		3,009.20
4503 Crown Castle Lease Income	1,200.00	8,400.00
4510 Restricted Income	500.00	1,490.00
<b>Total Revenue</b>	<b>\$19,848.31</b>	<b>\$367,336.84</b>
<b>GROSS PROFIT</b>	<b>\$19,848.31</b>	<b>\$367,336.84</b>
<b>Expenditures</b>		
5001 55+ Compliance Expense	1,325.84	12,452.83
5300 Admin & Office Expenses	1,999.09	19,590.89
5400 Restricted Accounts Expense		3,111.00
5500 Misc Expense		20.00
5900 Insurance	165.00	39,878.10
5950 Read Hall Expenses	24.77	135.90
6200 Farnsworth Hall Expenses	1,850.00	1,850.00
6201 Bldg & Grounds Maintenance	1,473.51	11,486.59
6300 Swimming Pools Expenses	2,443.05	45,996.65
6400 Utilities	6,531.30	27,776.35
7000 Payroll & Related Expenses	9,855.07	71,310.91
<b>Total Expenditures</b>	<b>\$25,667.63</b>	<b>\$233,609.22</b>
<b>NET OPERATING REVENUE</b>	<b>\$ -5,819.32</b>	<b>\$133,727.62</b>
<b>NET REVENUE</b>	<b>\$ -5,819.32</b>	<b>\$133,727.62</b>

Dreamland Villa Retirement Community  
 Balance Sheet  
 As of June 30, 2025

	TOTAL		
	AS OF JUN 30, 2025	AS OF MAY 31, 2025 (PP)	CHANGE
<b>ASSETS</b>			
Current Assets			
Bank Accounts	\$361,174.63	\$357,904.75	\$3,269.88
<b>Total Current Assets</b>	<b>\$361,174.63</b>	<b>\$357,904.75</b>	<b>\$3,269.88</b>
Fixed Assets	\$315,695.09	\$315,695.09	\$0.00
<b>TOTAL ASSETS</b>	<b>\$676,869.72</b>	<b>\$673,599.84</b>	<b>\$3,269.88</b>
<b>LIABILITIES AND EQUITY</b>			
Liabilities	\$13,975.66	\$4,886.46	\$9,089.20
Equity	\$662,894.06	\$668,713.38	\$ -5,819.32
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$676,869.72</b>	<b>\$673,599.84</b>	<b>\$3,269.88</b>



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 We've got deals to cool you down.  
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**\$50 OFF Any Repair**

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AireServ.com/RedMountain ROC191555

# EVENTS



**DREAMLAND Summer Fun**

Looking for a fun "Cool" summer activity??

**Join Dreamland Villa's Summer Bowling Fun!**

We meet weekly on Tuesdays beginning April 22, 2025  
Mesa East Bowl, 9260 E. Broadway Road, Mesa  
Bowling starts at 1:00 pm  
This is not a league but fun bowling

Dreamland Villa 320 N. 55TH PLACE, MESA, AZ 85205  
55+ ACTIVE RETIREMENT COMMUNITY (480) 832-3461



**Music BINGO**

GET READY TO GET YOUR GROOVE ON WHILE WE LISTEN TO HITS FROM THE '50'S, '60'S, & '70'S AND FIND THE SONGS ON A BINGO CARD\*.

**FUN PRIZES AWAIT THE WINNERS!!**

**WEDNESDAY, AUGUST 13<sup>TH</sup> @ 6PM**

\*NO ENTRY FEE | NO PURCHASE NECESSARY  
IN READ HALL

**ArchWell HEALTH**

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**HOLIDAY CRAFT FAIR & BAKE SALE**

SAVE THE DATE

**Saturday, November 22, 2025**  
**9am-2pm** **DREAMLAND VILLA**  
Read Hall, 320 N 55th Pl, Mesa

Interested in a craft booth? Send your request to: [crafters@dreamlandvilla.org](mailto:crafters@dreamlandvilla.org) or stop by the Dreamland Villa office to pick up an application. Payment for a booth is by cash or check only! (P.S. we do not list a contact phone number nor accept any other form of payment.)

Come shop for your *Holiday Gifts* from a large variety of *Crafts* and fill your freezer with goodies from an amazing *Bake Sale* for those Christmas guests!

Follow us on Facebook at *Crafters at DreamlandVilla.*

Bake Sale sponsored by Senior Techies with portion of proceeds going towards maintenance and improvements of Read Hall community computers.

Dreamland Villa 55+ ACTIVE RETIREMENT COMMUNITY  
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# CLUBS

## Dreamland Villa Quilting Club

By Becky Lamson

This month's photo is of a quilt pieced by Julie Roberts. It is a very colorful quilt and will go to one of our Charities this fall.

We're on our summer schedule for our quilt club meeting on the 2nd and 4th Thursdays, from 1:00 to 4:00 pm, at Read Hall and continuing through September. We continue to work on special projects, piecing quilt tops, stitching borders onto the quilts, and doing a lot of socializing.

You are always welcome to bring one of your projects to finish, or an item for show and tell.

New members are always welcome. If you have questions, please give me a call at 480-202-7003 or email me at beckyNleslie@gmail.com.

Quilters Quote: "Life is less a quest than a quilt. We find meaning, love, and prosperity through the process of stitching together our bold attempts to help others find their own way in their lives. The relationships we weave become an exquisite and endless pattern."



## SINGLES CLUB

By Lu Wald

Dreamland is busy this summer!

As usual, the Singles Club supported Brats N Beans. Anita Brown sold the most tickets to the event and coordinated raffles for a \$100 gift card to Basha's and the boot that was donated by Fused Glass. Kathie Chismar was busy selling the Dreamland T-shirts. Please note, this first batch of T-shirts is going fast!

Remember Singles Members, there will be no monthly potluck dinner or meetings during August. However, we will continue with our dine-outs with lunch on the 1st at the Greek Mediterranean Grill and dinner on the 19th at JJ Madison. Vito's is giving a portion of their sales to DVRC on August 4th. Since we don't have a potluck in August, I'm sure the singles will be out in force. An additional dine-out will be on the 15th with a visit to Quirky Royal Tea Room. Because reservations are always required, please contact Terry or Karolyn if you are interested in joining us at any dine-outs. There will be free concerts at the Chandler Arts Center on the 1st, 8th, 22nd, and 29th. Please see the calendar for more details. Although they are free, Kathie will need to call ahead to get the free tickets. On the 2nd, another concert; this time at the Hale Theater for an Elton John/Billy Joel Concert. There will be a Singles Pizza Pool party on the 10th for those members who signed up at the last meeting in July. Also, please note, since the first Monday of September falls on September 1st, our monthly potluck will be held at 5:30 pm, so bring a dish to share and join us!! Stay safe, everyone!



Dreamland Villa Retirement Community has a **LADIES GOLF LEAGUE**

Starting up again on November 6, 2025 and:

- Meets every Thursday around 2:30 pm
- November through March
- Desert Sands Golf Course, 74th St and Baseline

If you have thought about coming back to golf or are a beginner, please feel free to contact us at 602-363-0347 or 701-527-0146 to find out how you can join us! You can join anytime throughout the season.

## WET PAINT Art Room Schedule

By Alicia Short

The art room is a great place to hold a craft program, an art class, or a special project event. I would like to welcome ideas for using this room more often. All mornings are open and some afternoons. Saturday is available for something fun too.

**WEDNESDAY AFTERNOONS – OPEN PAINTING- NO COST- 1:00 pm – 3:30 pm-** Continuing Wednesdays throughout the year. No instructions, just paint or work on a craft project, and join the fellowship of others who like to be creative. You will need all your own supplies. Please let me know in advance if you plan to attend. Alicia at aliciamshort01@gmail.com

**THURSDAY AFTERNOONS – NEEDLE WORKERS- NO COST-** For those who enjoy knitting, crocheting, and embroidery work and would like to "play" together, we meet at 1:00 pm. No instructions will be given, but it is a time to get inspired, meet new people, and enjoy your projects. Contact Cathy Kane with questions and to indicate your interest. Cathykane57@gmail.com. 1:00 pm – 3:30 pm.

We are looking for leaders for more crafts and art classes or get-togethers in the art room. For open days and times, contact Alicia. Contact Alicia at aliciamshort01@gmail.com with ideas, suggestions, or interest in our classes.

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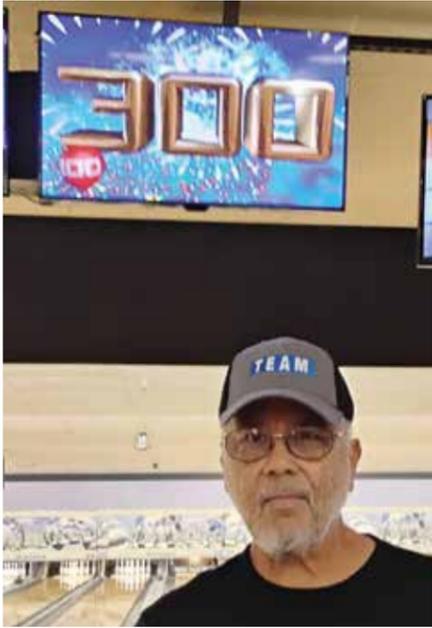
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# CLUBS

## Dreamland Bowling League

By Cyndy Munday



Steve Pena- Perfect 300 Game!

This is a drop-in league. There are weekly prizes though, so it's a fun time for everyone. We are located on Broadway just east of Ellsworth on the north side of the road, East Mesa Bowl. We bowl on Tuesdays at 1:00 pm with a 12:45 warm-up. Everyone is welcome.

It was wonderful having Dave and Sherrie bring their family to join us. We squeezed everyone in and made things a little more exciting. Lucky for them, it was 9-pin day, so that always makes it fun. We have a "fun day" on the last Tuesday of the month through the summer.

**Top Bowlers for week of 6-3:**

Vicki Hopkins 164; John Hopkins 179; Kevin Roberts 198, 246; Sara Kempke 181, 190; Wayne Herreman 180; Brian Wheeler 186; Steve Pena 244, 181; Jerry Cole 183; Dan Jenkins 189, 200

**Week of 6-10:**

Said Yaffar 191; Jeff Wallace 203; Judy Schulster 171; Dan Jenkins 195; Frank Smith 204; Sara Kempke 194; Wayne Herreman 205; Jerry Cole 183; Brian Wheeler 191; Sandy Dion 192; Steve Pena 210, 203

**Week of 6-17:**

Nancy Cole 154; Cyn Munday 186; Sara Kempke 174; Kevin Roberts 225, 192; Wayne Herreman 213; Judy Schulster 203; Jerry Cole 172; Steve Pena 200, 172

**Week of 6-24 (9 Pin no tap)**

Jeff Wallace 742; Roger Kaufman 859; Sherrie Cutler 709; Cindy Pena 737; Steve Pena 888; Dan Jenkins 803; Wayne Herreman 793; Sara Kempke 722; Kevin Roberts 75

**Splits picked up:**

Cindy Pena 3-10; Darlene Poynter 5-7, 3-10; Dan Jenkins 4-7-9, 4-7-10; Jerry Cole 3-6-7, 4-7-10; Nancy Cole 5-6-10; Cyn Munday 5-7; Darlene Poynter 5-7; Dan Jenkins 5-10; Jerry Cole 3-6-7; Jon Hopkins 4-9

If you are interested and need more information, please call Cyndy Munday at 425-218-1105. Thank you.

## Fused Glass

By Cyndy Munday

Summer is our quiet time, if you will, so it's a great time to come into Fused Glass and try your hand at our craft. There is no fee for the class, and the only expense is for the glass you purchase and a small fusing fee.

This past month, we held a Christmas in July as a fundraiser for Dreamland Villa.

Fused glass projects are simply designs you cut from glass and fuse together with other colors or designs to produce your own work of art. It's not nearly as complicated as it may sound, although it can be a bit intimidating at first, cutting up glass to make a new project. We'll be happy to help you with getting started.

Class is open Mondays, 9:30 am to Noon and 1:00 pm to 3:00 pm, and again in the evenings from 5:00-8:00 pm. We also meet on Wednesdays from 9:30 am to 3:00 pm. The only expense is for any glass you may purchase and a small firing fee.

Right now is a good time to work on those holiday projects. We welcome all and hope to see you soon.



Renae Johns



Lisa Cyn

## Sr. Techies Computer Club

By Megan Tackett

Here are four super simple yet surprisingly handy tips to make our iMac experience smoother and more fun:

1. Use Hot Corners for Quick Actions - Turn each corner of your screen into a shortcut!  
Go to System Settings > Desktop & Dock

> Hot Corners

Assign actions like showing the desktop, launching Mission Control, or starting your screen saver. It's like giving your mouse magical powers.

2. Spotlight Does More Than Search - Press Command + Spacebar to open Spotlight, then try:

- Typing math equations (e.g., 45\*12)
  - Unit conversions (10 USD to EUR, 5 miles to km)
  - Launching apps instantly (Safari, Notes, etc.)
- It's your built-in calculator, converter, and

launcher rolled into one.

3. Batch Rename Files in Finder - Need to rename a bunch of files at once?

Select them all, right-click, and choose Rename.

Choose to add text, replace text, or format with numbers. Perfect for organizing photos, documents, or downloads.

Customize Folder Icons - Make your folders pop with personality:

- Right-click a folder > Get Info
- Copy an image (like a PNG), then paste it onto the folder icon in the info window.

It's a fun way to visually organize your workspace.

Here is your August Class Schedule. We meet on Wednesdays at 4:00 pm, room 9, at Read Hall.

August 6th - How to get more storage on your PC

August 13th - Guest Speaker Chris Tucker, Sr. Solutions Genealogy Class

August 20th - If you have an older laptop or PC, try this

August 27th - Turn on this windows pc setting to make your pc faster and smoother

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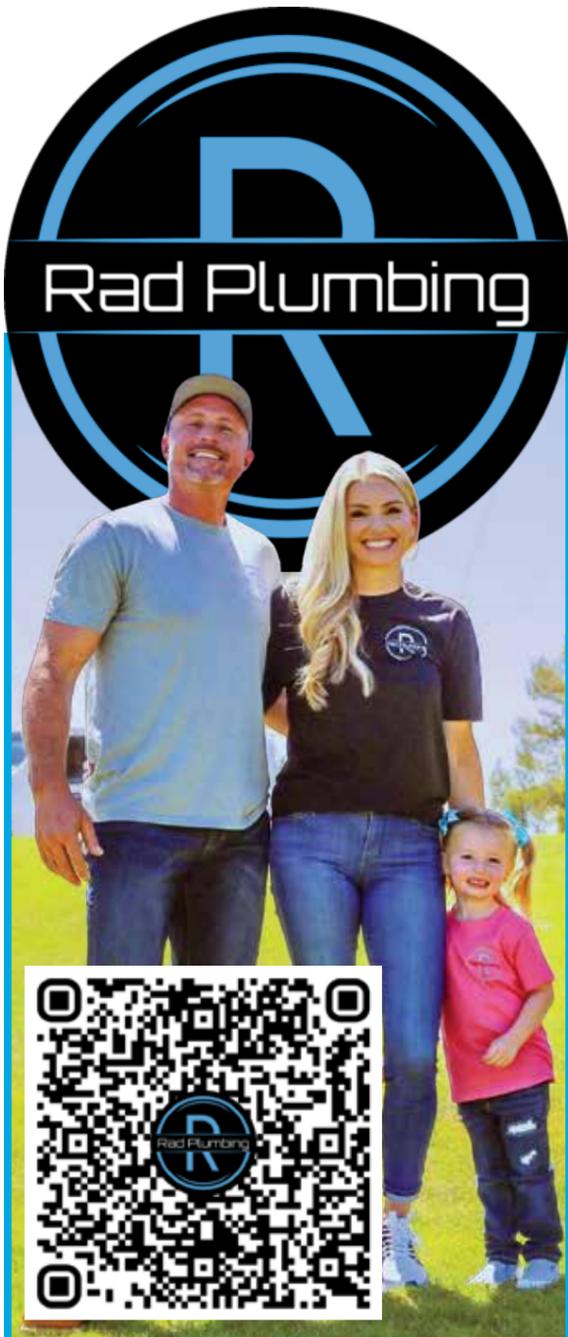
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"We were very pleased with the help JULIE RICKLI gave us in the sale of our house in Dreamland Villa. At our age we have used quite a few realtors and say without a question that Julie was one of the top ones. She knows the market and followed up on everything from the start to the finish. I wish we had something else to sell so we could use her again!

Jan B- Seller March 2025

**Go to**  
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**Shannon Farquharson,**  
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**480-215-0565**

9 a.m. – 5 p.m., Monday – Friday

**Shannon.Farquharson@CignaHealthcare.com**

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