

Dreamland Villa Retirement Community CITIZEN

www.dreamlandvilla.org

Vol. 20 No. 10

October 2025

12 Pages

For Community News and Updates Visit Our Website: www.dreamlandvilla.org

IN BRIEFS

Singles Club Potluck
Monday, October 6th
5:30 pm • Read Hall

Singles Club Meetings
Wednesday, October 8th
and 22nd
9:30 am • Read Hall

Potato Bar
Friday, October 10th
5:00 pm • Read Hall

Read Hall Pool Maintenance
Wednesday, October 8th
All Day

Farnsworth Hall Pool Maintenance
Wednesday, October 15th
All Day

President's Message

By Pat Clark

Hello all, October is here, and the annual return of our winter residents has started. As you each return, may I say, welcome back! The office is back to our winter hours. They are Monday through Friday, 9:00 am – 3:00 pm, plus the second and 4th Saturdays, 9:00 am - Noon.

Our first chili cook-off was a great success. Thanks to all of the contestants and the volunteers who made it all possible. It was the first DVRC event that Audrey and I have ever co-hosted, and it was all of you who made it great.

We still have plenty of things going on in October. Starting off, on October 4th, at 4:30 pm in Read Hall, the Senior Techies are cordially inviting all area residents to a free pizza night, to learn about their computer club and digital learning. The pizza will be courtesy of Semper Fi Heating and Cooling Company.

There will be a build-your-own baked potato bar on October 10th at 5:00 pm at Read Hall. It will be a donation-only event, so please put your name on the sign-up sheet in the office. If you can't make it to the office during business hours, please call the office at 480-832-3461 and ask them to put your name on the list. Since it is a donation-only event, we need to know how many are coming, so we can buy the supplies we will need.

On October 14th at 6:00 pm in Read Hall, we will be treated to an Olive Garden dinner by Archwell to introduce themselves and explain how they can become your primary care for Medicare Advantage plans. You must sign up for this event, either in the office or by calling the office to get your name on the attendance list.

Archwell will also be sponsoring a pie tasting event on November 4th at Read Hall. This is another must-sign-up-for event.

As much fun as we've had all summer, it wouldn't have been possible without volunteers. Other than the small paid staff we have to keep the corporation open, everything that goes on at DVRC

is done by a volunteer. Your board of directors is all volunteers. Every activity monitor is a volunteer. Everyone who works at an event is a volunteer. DVRC couldn't happen without all of our wonderful volunteers. Thank you to all of you who step up.

Speaking of volunteers, Judy Goodroe needs volunteers to deliver the Citizen newspaper during the months of November - April. Please sign up at the office if you would like to deliver the Citizen. It's a great way to get some fresh air, exercise, and meet some neighbors.

I am going to be looking for people willing to serve as committee chairs. There is also an opening on the board of directors for an interim position until the end of March. Anyone interested, please email me at President@dreamlandvilla.org.

The first study session of the season is Tuesday, October 7th, at 5:30 pm, and the first board meeting is the following Tuesday, October 14th, 9:30 am at Read Hall.

That's it for this month. See you all around the Villa!

Mingle Jingle

By Deb Warren

Mark Your Calendars for the 4th Annual Mingle Jingle & Ugly Sweater Contest. It will be held on Friday, December 19th at 5:00 pm. More details will be coming soon. Please call Dave or Deb Warren at 508-615-4123 if you would like to volunteer to help.



NO CITIZEN NEWSPAPER DELIVERIES IN NOVEMBER!

By Judy Goodroe

It is with a heavy heart that I am canceling the NOVEMBER delivery due to a shortage of carriers. I am not giving up on December, but I am short at least 15 carriers and 3 captains and so far have a possible 6 unconfirmed new carriers. Please contact me on my cell phone, leave a message, or call (480)297-6059 if you are able to help

us. There is also a sign-up sheet in the office. There are so many Dreamland neighbors who are counting on us to get their paper to their door. The routes are 25 to 90 papers; a light, enjoyable walk to meet new neighbors. If anyone wants a paper in NOVEMBER, they will be available at the pools or the office.

Thanks again!

Year-Round Worker's Corner

By Megan Tackett



Summer is coming to an end, and there is still time to host a dinner like a pro in your outdoor living space. From Chargrilled food to backyard games – barbecues are the epitome of summer living. Regardless of your party hosting style, throwing a barbecue doesn't have to be challenging. In fact, you should have as much fun planning one as you would attending one!

Do a potluck-style menu

Chances are that your friends and family will ask you what they can

bring. Instead of brushing them off and trying to take on everything yourself, see if they can bring a side dish. This way, you will only have to worry about the main course and dessert. Besides, your guests will love having various yummy side dishes to try.

Set the mood with summer jams

Certain songs just scream, "summer!" and will help to keep your guests in a good mood all afternoon. In fact, there are playlists that are designed specifically for summer barbecues. As long as the songs make your guests smile and dance, you can rest assured that you're playing the right type of music. Here is a sample list:

1. Summer of 69 – Bryan Adams
2. Dancing in the Moonlight – Top-loader

3. Sweet Home Alabama – Lynyrd Skynyrd
4. Uptown Funk – Mark Ronson ft. Bruno Mars
5. Here Comes the Sun – The Beatles
6. Livin' on a Prayer – Bon Jovi
7. Shake It Off – Taylor Swift
8. Good Vibrations – The Beach Boys
9. Blinding Light – The Weeknd
10. Firework – Katy Perry
11. Happy – Pharrell Williams
12. Shut Up and Dance – WALK THE MOON
13. Take It Easy – Eagles
14. Cheerleader – OMI
15. I Gotta Feeling – The Black Eyed Peas
16. All Star – Smash Mouth
17. Jolene – Dolly Parton

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www.DreamlandVilla.org

Dreamland Villa Retirement Community has a
LADIES GOLF LEAGUE

This season is starting on Monday, November 10, 2025
with our first tee time 12:15 pm!

- Meet every Monday at 11:45 am
- November through April
- Sunland Springs Golf Course,
11061 E Medina Ave, Mesa

Great News!! We have a new location for our 2025-2026 season: Sunland Springs Golf Course. They have 3 beautiful 9 holes, and the league will be playing all three courses on a rotation. The course fee will be fairly similar to our previous cost and the 3 courses are all beautifully maintained courses.

On November 10th we will be holding a league meeting and breakfast at Fat Willy's at View Point at 9:30 am to go through all of the information for the new golf season. If you want to join the Golf League or have any question, please call or text Lana Koenig at 602-363-0347.

WOODSHOP

New from the Woodshop
laser engravers!

These cups are
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DVRC office.

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& the black cup is
20oz for **\$20**.

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Dreamland Villa Retirement Community

CITIZEN

www.dreamlandvilla.org

WHERE RETIREMENT DREAMS COME TRUE!

DREAMLAND VILLA CITIZEN

The Dreamland Villa Citizen is a monthly newspaper produced for the Dreamland Villa Retirement Community by Miller Media Services.

DREAMLAND VILLA RETIREMENT COMMUNITY

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Fax: 480-832-7585 • Website: www.dreamlandvilla.org

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Jonathan Luchini- Maintenance

Lena Presto- Maintenance

DVRC POSSE - 602-507-0311

Deadline for submissions is the 10th of the month;

email CBMEditing@yahoo.com

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AROUND THE VILLA

BOOK REVIEW

By Anita Thompson

Hotel on the Corner of Bitter and Sweet by Jamie Ford

This is a really good book, well written, moves quickly, and is actually historical fiction. It's set in Seattle just before and during World War II. Until not that many years ago, I did not even know that there were internment camps where Japanese people were moved to right here in the USA. The only internment camps I had ever heard of were those that the Nazi's forced the Jews into. This did not make me happy with our country!!

It probably should be called a love story between a 12-year-old Chinese boy, Henry, and a 12-year-old Japanese girl, Keiko. They are the only non- white kids in their grade school and are looked down on and bul-

lied. They meet working together in the school cafeteria at lunch and become best friends. Henry's father hates the Chinese and was not a very loving father. Their culture is portrayed quite vividly. Henry is helped by a black jazz saxophone player named Sheldon. The war breaks out, and Keiko is sent to an internment camp. There are a lot of twists and turns. The story goes back and forth between the 1940s and 1986. They lead different lives, very far apart. Henry marries Ethel; when she dies, he starts thinking about Keiko again. Actually, he never really stopped thinking about her. Will there be a happy ending, or is life in the past better left in the past?

ACTS OF KINDNESS

Acts of Kindness Card Program

DVRC Social Committee would like your help in reaching out to those who have suffered a loss, are dealing with an illness, or recovering from a surgery.

There is a fill-out slip in the office where you can add a name and address of someone to whom we can send a card. Then place the slip of paper in the Acts of Kindness box. We promise to send a card if you let us know the need! Lastly, if you have any of the *Get Well* and *Sympathy* greeting cards that you're not using, we would gladly take them off your hands and put them to good use.

Thank you for your support.

Dreamland Villa

55+ ACTIVE RETIREMENT COMMUNITY

320 N. 55th Place, Mesa, AZ 85205

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by Lewis (Lew) Hooser

I was just thinking while writing this article, at some point our younger Help Services volunteers will be doing our job. I know what you're thinking, they will never do it as well as the old guard is doing. Believe me, they will, and better.

From the good news de-

partment, my wife and I, and our president, Patty Thorpe, will be back on the fourth day of this month to help out in the warehouse and office. I was thinking back to when my wife and I worked at Help Services and all the folks that stopped by to look through our inventory for that special item that might be needed at some point in their lives.

We have the following medical devices to help you folks who have never stopped by to just look around our warehouse; we stock many

items that could help you get back to living your normal everyday life. Hospital beds, commodes, toilet risers (with and without hand rails), knee-walkers that fold, canes of all different kinds, along with crutches, C-walkers, and wheelchairs in different sizes, just to mention a few.

I believe I have mentioned the following: we're looking for new board members to join our Help Services Board. You could start by becoming a monitor and move up from there to a

member of the board of directors, food for thought.

We also work with folks on bequests for people who have no beneficiaries. For more information about this, or if you have any other questions, please stop in at the Help Services office. Our hours of operation are Monday, Wednesday, Friday, and now back to being open on Saturdays from 9:00 am to Noon. Please check us out on our webpage at www.HelpServicesInc.org.

That's it for this newsboy.

Posse Corner

By Joe Favazzo

Facing Fear: Turning Stress Into Strength

Fear is something we all know too well. It comes in many forms—from the primal jolt after watching Jaws before a night swim, to the nerve-wracking dread of public speaking or being stuck in traffic. Some fears protect us, while others only hold us back.

At its core, fear is a survival tool. The amygdala—an almond-shaped part of the brain—processes emotional data and triggers the “fight or flight” response. That instinct keeps us safe in dangerous situations. But the brain can also misfire, reacting even when no real danger exists. That's why our palms

sweat before a speech or our hearts race when we're simply running late.

Fear doesn't just live in the moment—it can grow from past trauma and imagined futures. Many of us know that feeling too well. Left unchecked, fear and stress can chip away at health, contributing to frailty, heart disease, depression, and anxiety disorders.

The good news? Fear can be managed. Experts recommend:

Reframing fears as challenges rather than threats.

Mindfulness practices such as breathing exercises, gratitude, or meditation.

Positive self-talk to rewire how we respond to stressful thoughts.

Physical activity, like mindful walking, which Harvard Medical School studies show reduces stress and improves quality of life.

We also don't need to face fear alone. Therapists, financial advisors, lawyers, or even a trusted friend can provide guidance and support. Sometimes just sharing a fear lightens its load.

Most importantly, it helps to recognize that many of our everyday fears—being late, heavy traffic, or spiders—are imagined dangers with no lasting consequences. By naming them, reframing them, and practicing presence, we regain control.

Fear may never fully disappear, but it doesn't have to control us. With mindful living, healthy choices, and open conversations, we can turn fear from an obstacle into an opportunity for growth.

So, the next time fear creeps in, take a breath, take a walk, and remind yourself: don't be scared—be empowered.

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by cogir

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FROM THE BOARD

Dreamland Villa Retirement Community

Balance Sheet
As of August 31, 2025

	TOTAL		
	AS OF AUG 31, 2025	AS OF JUL 31, 2025 (PP)	CHANGE
ASSETS			
Current Assets			
Bank Accounts			
1010 Checking Account	113,565.81	134,655.91	-21,090.10
1011 Petty Cash	920.00	920.00	0.00
1200 Money Market Accounts	0.00	0.00	0.00
1210 Chase Checking	3,227.07	3,174.15	52.92
1215 Chase CD	200,000.00	200,000.00	0.00
Total 1200 Money Market Accounts	203,227.07	203,174.15	52.92
Total Bank Accounts	\$317,712.88	\$338,750.06	\$ -21,037.18
Total Current Assets	\$317,712.88	\$338,750.06	\$ -21,037.18
Fixed Assets			
1100 Equipment	90,232.23	90,232.23	0.00
1110 Land	69,174.00	69,174.00	0.00
1120 Buildings	877,114.00	877,114.00	0.00
1130 Building Improvements	261,235.00	261,235.00	0.00
1140 Swimming Pools	351,248.73	351,248.73	0.00
1150 Furniture and Fixtures	35,841.13	35,841.13	0.00
1170 Accumulated Depreciation	-1,369,150.00	-1,369,150.00	0.00
Total Fixed Assets	\$315,695.09	\$315,695.09	\$0.00
TOTAL ASSETS	\$633,407.97	\$654,445.15	\$ -21,037.18
LIABILITIES AND EQUITY			
Liabilities			
Current Liabilities			
Other Current Liabilities			
2000 Advance Dues Payments	4,664.86	3,734.86	930.00
2001 55+ Donations Restricted	500.00	500.00	0.00
2100 Facility Use Deposits	0.00	0.00	0.00
2100.2 Read Hall Deposits	1,215.00	1,115.00	100.00
2100.3 Arts & Crafts Deposits	1,100.00	1,000.00	100.00
Total 2100 Facility Use Deposits	2,315.00	2,115.00	200.00
2403 Restricted Funds	2,334.20	2,334.20	0.00
2408 Kitchen (Restricted)	265.60	216.60	49.00
2408.3 Restricted Donations - Citizen	4,500.00	5,000.00	-500.00
Total Other Current Liabilities	\$14,579.66	\$13,900.66	\$679.00
Total Current Liabilities	\$14,579.66	\$13,900.66	\$679.00
Total Liabilities	\$14,579.66	\$13,900.66	\$679.00
Equity			
3030 Retained Earnings	529,166.44	529,166.44	0.00
Net Revenue	89,661.87	111,378.05	-21,716.18
Total Equity	\$618,828.31	\$640,544.49	\$ -21,716.18
TOTAL LIABILITIES AND EQUITY	\$633,407.97	\$654,445.15	\$ -21,037.18

Dreamland Villa Retirement Community

Profit and Loss

August 2025

	TOTAL	
	AUG 2025	JAN - AUG, 2025 (YTD)
Revenue		
4000 Annual Fee Revenue	2,277.14	313,104.84
4001 55+ Donation Income		1,848.54
4003 Donations - Unrestricted		30.62
4101 Read Hall Event/Kitchen Income		668.20
4102 Special Events Revenue	501.96	3,460.77
4200 Farnsworth Hall Income		628.80
4210 Gracepoint Global Methodist Church		7,267.66
4300 Administrative Related Income	5,397.60	48,044.78
4400 Restricted Accounts Income		3,554.00
4500 Misc. Income		22.00
4502 Interest Earned		3,009.20
4503 Crown Castle Lease Income	1,200.00	9,600.00
4510 Restricted Income	500.00	2,490.00
Billable Expense Income	5,808.00	5,808.00
Total Revenue	\$15,684.70	\$399,537.41
GROSS PROFIT	\$15,684.70	\$399,537.41
Expenditures		
5001 55+ Compliance Expense	760.02	15,522.73
5300 Admin & Office Expenses	2,782.58	26,884.60
5400 Restricted Accounts Expense	125.00	3,236.00
5500 Misc Expense		20.00
5900 Insurance	12,880.00	54,396.30
5950 Read Hall Expenses	43.18	179.08
6200 Farnsworth Hall Expenses		1,850.00
6201 Bldg & Grounds Maintenance	2,116.99	18,286.78
6300 Swimming Pools Expenses	2,496.72	52,795.49
6400 Utilities	6,041.43	39,591.06
7000 Payroll & Related Expenses	10,154.96	97,113.50
Total Expenditures	\$37,400.88	\$309,875.54
NET OPERATING REVENUE	\$ -21,716.18	\$89,661.87
NET REVENUE	\$ -21,716.18	\$89,661.87

Catch up on Board News!

Stay Up to Date with the Latest News!

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EVENTS / CLUBS



Potato Bar

Friday, October 10, 2025
5:00 - 7:00 pm
Read Hall

Enjoy baked potatoes topped with a variety of toppings you can choose - like pock, cheese, sour cream, etc.
And there will be dessert!

50/50 Raffle

Sign-in the office by Oct. 3 if attending.

Donations gratefully accepted!



Dreamland Villa
50+ Active Retirement Communities
2014 2014 PLAZA, ROOM A2, KNOX
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HOLIDAY CRAFT FAIR & BAKE SALE

SAVE THE DATE

Saturday, November 22, 2025
9am-2pm
DREAMLAND VILLA
Farnsworth Hall, 6159 E. University, Mesa

Interested in a craft booth? Send your request to crafters@dreamlandvilla.org or stop by the Dreamland Villa office to pick up an application. Payment for a booth is by cash or check only! (If you do not have a contact phone number we cannot accept any other form of payment.)

Come shop for your **Holiday Gifts** from a large variety of **Crafts** and fill your freezer with goodies from an amazing **Bake Sale** for those Christmas guests!

Follow us on Facebook at **Crafters at DreamlandVilla**.



Dreamland Villa
50+ Active Retirement Communities
Farnsworth Hall, 6159 E. University, Mesa, AZ 85205 480-830-6641

DREAMLAND ON THE GO

Payson Casino Bus Trip and Barleen’s Christmas Show

By Kathie Chismar

Dreamland on the Go is taking an autumn trip to Mazatzal Casino on Saturday, November 8. The bus will leave from the East end of the Farnsworth parking lot at 7:45 am and leave the casino at 3:00 pm. Mazatzal gives \$20 free play after you earn 200 base points. Bring a photo ID and another form of ID if you do not have a player’s card. We will collect \$7.00 per person as you board the bus. That will provide a tip to the bus driver and a donation to Dreamland Villa.

The bus is handicapped accessible and will store your wheelchair or walker, but not motorized scooters. Leave your name, phone, and birthdate or player’s card number at the office, or call me at 480-830-6641 by October 29 if you want to join us on this fun day out.

We also have tickets for the Barleens Christmas Show on December 13 for their Matinee show at 12 noon. Tickets for this show are \$55 and need to be purchased by November 20. Watch the email blast, Nextdoor, and flyers for dates when tickets will go on sale.

OCTOBER WEEKLY ACTIVITIES											
MONDAY AM		TUESDAY AM		WEDNESDAY AM		THURSDAY AM		FRIDAY AM		SATURDAYAM	
Lapidary 8:00 - 11:30	R-6	Aquacise 8:00 - 8:45	R-O	Aquacise 8:00 - 8:45	R-O	Aquacise 8:00 - 8:45	R-O	Aquacise 8:00 - 8:45	R-O	Bocce Ball 9:00	F-O
Pickleball 8:00	O	Lapidary 8:00 - 11:30	R-6	Lapidary 8:00 - 11:30	R-6	Lapidary 8:00 - 11:30	R-6	Lapidary 8:00 - 11:30	R-6	Wood Shop 9:00 - 11:30	R-10
Help Services 9:00 - Noon	HS	Bocce Ball 9:00 - 11:00	F-O	Pickleball 8:00	R-O	Bocce Ball 9:00	F-O	Pickleball 8:00	R-O		
Wood Shop 9:00 - 11:30	R-10	Fun Time Ceramics 9:00 - 1:00	R-7	Help Services 9:00 - Noon	HS	Fun Time Ceramics 9:00 - Noon	R-7	Help Services 9:00 - Noon	HS		
Fused Glass 9:30 - Noon	R-7	Wood Shop 9:00 - 11:30	R-10	Wood Shop 9:00 - 11:30	R-10	Wood Shop 9:00 - 11:30	R-10	Wood Shop 9:00 - 11:30	R-10		
				Fused Glass 9:30 - Noon	R-7	Card Bingo 10:30 - Noon	R	Nickel Poker 10:00 - 2:00	R-8		
MONDAY PM		TUESDAY PM		WEDNESDAY PM		THURSDAY PM		FRIDAY PM		SATURDAY PM	
Cards-Hand, Foot and Toe 1:00 - 4:00	R-A	Cards - Bridge 12:30	R-B	Cards - Euchre 1:00 - 4:00	R-A	Cards - 500 1:00	R-A	Cards - Cribbage 1:00	R-B	Cards - Pinochle 1:00	R-B
Fused Glass 1:00 - 3:00	R-7	Cards-Hand, Foot and Toe 1:00 - 4:00	R-B	Cards - Whist 1:00 - 4:00	R-B	Fiber Arts 1:00 - 3:00	R-5	Wood Shop 1:00 - 3:30	R-10		
Wood Shop 1:00 - 3:30	R-10	Singles Cards 1:00 - 4:00	R-B	Fused Glass 1:00 - 3:00	R-7	Quilting Club 1:00 - 4:00	R	Cards - Hand, Foot and Toe 6:00 - 8:00	R-A		
Fused Glass 5:00 - 8:00	R-7	Wood Shop 1:30 - 3:30	R-10	Open Painting 1:00	R-5	Wood Shop 1:00 - 3:30	R-10				
Pinochle 6:00	R-A	Men's Pickleball 6:00 - 8:00	R-O	Wood Shop 1:00 - 3:30	R-10	Ladies Golf 2:00	O				
		Texas Hold 'Em 6:00	R-8	Senior Techies 4:00	R-9	Cards - Hand, Foot and Toe 6:00 - 8:00	R-A				

Bridge Club

By Donna Espey



The Bridge Club is looking for new players. We play on Tuesdays at 1:00 pm. We play social bridge and are friendly. If you are interested in playing bridge but haven’t played for a while, or think you would like to learn how to play, please contact Donna Espey at 480-218-7330. You can text or leave a message. I’m looking forward to hearing from you!

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FUSED GLASS CLASS

By Cyndy Munday



It is now fall, and the long, hot summer is behind us. I'm not saying the temps are going to stay down, but we can hope. This has been a good summer with some very interesting projects in the making in our Glass Class. Judy experimented with making this beautiful bowl, and Renae had her granddaughter here visiting and worked with her on this lovely plate with a flower. Germaine did the colorful bird, and of course, we needed something patriotic, so I did the red, white, and blue plate.

Fused glass projects are simply designs you cut from glass and fuse together with other colors or designs to produce your own work of art. It's not nearly as complicated as it may sound, although it can be a bit intimidating at first, cutting up glass to make a new project. We'll be happy to help you get started. Glass is for sale in the studio, and there is a small fusing fee.

Class is open Mondays, 9:30 am to Noon and 1:00 pm to 3:00 pm, and again in the evenings from 5:00-8:00 pm. We're also in the shop on Wednesdays from 9:30 am to 3:00 pm.

We look forward to our winter visitors returning. Things have been steady but not too busy. You are welcome anytime to drop in to say hello and have a look around.



Keep up with all Clubs
Happenings
via our Website:
dreamlandvilla.org

DVRC BUNCO

Join a fun group at DVRC BUNCO!
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BUNCO is open to all Dreamland Villa Retirement Community (DVRC) members and their guests who are non-Dreamland residents. Play is \$3 per event and is used for prize money. Everyone goes home a winner.

BUNCO SCHEDULE NOVEMBER 2025 – APRIL 2026

Tuesday Nights
November 11, 2025
December 9th, 2025
January 13, 2026
February 10, 2026
March 10, 2026
April 14, 2026

Friday Nights
November 28, 2025
December 26, 2025
January 30, 2026
February 27, 2026
March 27, 2026
April 24, 2026



Dreamland Villa Quilting Club

by Becky Lamson



This month's quilt photo is a project quilt top pieced by most members of our club. The project was led by Faye Miller and Judy Ray. Each member was given a piece of the same fabric, and they used fabric from their stash that went with that fabric to make their choice of one of the four different blocks you see in the quilt.

In October, we will be back on our winter schedule, meeting each week on Thursdays, 1:00 to 4:00 pm, at Read Hall. We continue to work on special projects, piecing quilt tops, stitching borders onto the quilts, and doing a lot of socializing.

You are always welcome to bring one of your projects to finish or something for show and tell.

New members are always welcome. If you have questions, please give me a call at 480-202-7003 or email me at beckyNleslie@gmail.com.

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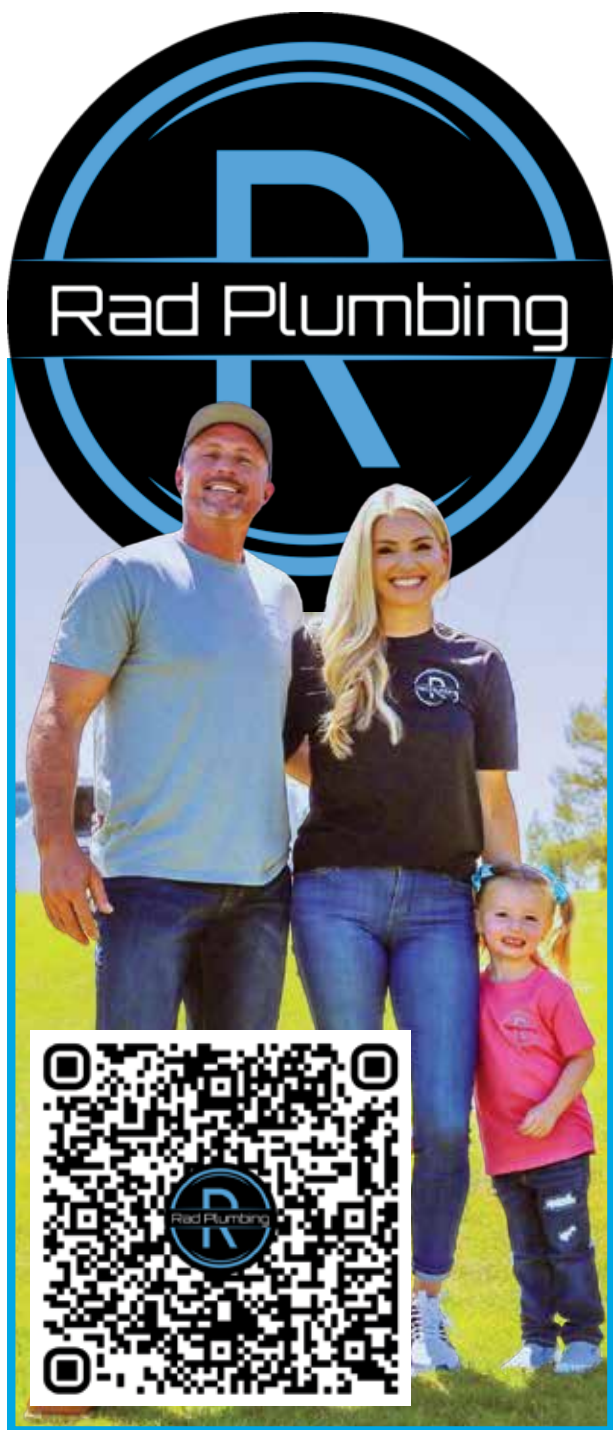
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